

SNICKERS ENERGY BITES



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INGREDIENTS

Main mixture
1/2 cup of coconut chips
1/2 cup of Paleo Mix
(Almonds & Seeds)(Aldi
near the nuts)
1 tbsp of honey
2 tbsp of Natural Peanut
Butter
4 dates
1 tbsp of water

To Coat
2 tbsp peanut pieces
10 dark chocolate chips
or cacao nibs

INSTRUCTIONS

Mix in a food processor all ingredients listed in the main mixture.

Roll into teaspoon size balls and coat with peanut pieces and chocolate pieces.

It will make about 10 - 12 balls.

OPTIONS & TIPS

If you don't want to use honey, you could also use maple syrup, agave syrup or a coconut based one.

The kids will love these energy bites.